

# Delta League Order of Events

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## *Running Events:*

*The first event begins at 3:30pm and will progress in the following order:*

### **110/100m hurdles**

Varsity boys; Frosh Soph boys; Frosh Soph girls; Varsity girls

### **1600m run frosh/soph**

Frosh Soph girls; Frosh Soph boys

(event may be combined at the discretion of the coaches)

### **4x100m relay**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

### **1600m run varsity**

Varsity girls; Varsity boys

(event may be combined at the discretion of the coaches)

### **400m dash**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

### **100m dash**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

### **300m hurdles**

Frosh Soph girls; Varsity Girls; Frosh Soph boys; Varsity Boys

### **800m run**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

### **200m dash**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

### **3200m run**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

(event may be combined at the discretion of the coaches)

### **4x400m relay**

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

## *Field Events:*

*The events below begin at 3:30pm unless otherwise stated.*

### **Discus (4 attempts)**

Varsity Girls

Frosh Soph Girls

Varsity Boys

Frosh Soph Boys

### **Shot put (4 attempts)**

Varsity Boys

Frosh Soph Boys

Varsity Girls

Frosh Soph Girls

### **High jump**

*High jump competition will begin at 4pm with the girls; boys to follow.*

Frosh/Soph and Varsity Girls Combined

Frosh/Soph and Varsity Boys Combined

### **Pole vault**

*Pole vault competition will begin at*

*3:30pm; athletes should complete run-throughs, etc. before that time.*

### **Long Jump/Triple Jump (4 attempts)**

Open pit: long on one pit; triple on the other.

*Pits will open for run-throughs at 3pm; competition will begin at 3:45pm.*