

## Halden Invitational Order of Events – April 18, 2026

### Sprints and Hurdles **(We will revise after entries close)**

- *WE WILL NOT MAKE CALLS OVER THE PA. All calls will come from the clerk's tent.*
- *CHECK-IN: Athletes can check in at any time at the Clerk tent on the North field.*
- *SEEDING: Athletes and alternates must report to the seeding area on the infield at the listed "seed time" where they will receive lane and heat assignments.*
- *We will not go more than 10 minutes ahead of the sprints/hurdles schedule.*

<b>The Bud Henle 4x100m relay</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph Girls	9:45am	10:00am
Frosh/Soph Boys		
Varsity Girls		
Varsity Boys		
<b>100/110m hurdles</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph Girls	10:27am	10:42am
Varsity Girls		
Frosh/soph Boys		
Varsity Boys		
<b>400m dash</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph Girls	11:05am	11:20am
Frosh/Soph Boys		
Varsity Girls		
Varsity Boys		
<b>100m dash</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph Girls	11:02am	12:17pm
Frosh/Soph Boys		
Varsity Girls		
Varsity Boys		
<b>300m hurdles</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph Girls	1:00pm	1:15pm
Varsity Girls		
Frosh/Soph Boys		
Varsity Boys		
<b>200m dash</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph Girls	1:41pm	1:56pm
Frosh/Soph Boys		
Varsity Girls		
Varsity Boys		
<b>Youth 100m dash</b>	<b>Seed time</b>	<b>Start time</b>
Girls	1:31pm	2:46pm
Boys		
<b>Mixed 4x400m relay</b>	<b>Seed time</b>	<b>Start time</b>
Frosh/Soph	2:45pm	3:00pm
Varsity		

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## Distance Carnival – **We will revise after entries close**

- *The below times are an ESTIMATE based on the number of heats per event. IF WE GET AHEAD, WE WILL NOT SLOW DOWN.*
- *We will not collapse heats in the distance carnival.*
- *We will not make calls over the PA.*
- *Athletes must know their heat assignments.*
- *Athletes should check in to the clerk on the infield at least two or three heats prior to their race.*

4:00pm	Girls 1600m
4:45pm	Boys 1600m
5:55pm	YC/MS Girls 1600m
6:05pm	YC/MS Boys 1600m
6:15pm	Girls 800m
6:35pm	Boys 800m
7:00pm	Girls 3200m
7:30pm	Boys 3200m
8:10pm	Girls 4x800m relay
8:25pm	Boys 4x800m relay

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## Field Events

- Athletes should check in at their field event location at least 30 minutes prior to the start time or at the conclusion of the previous division's competition.
- Horizontal Jumps: Each athlete will get four jumps.
- Shot/Disc: Each athlete will get three throws. The top 8 will get an additional three throws in finals.

<b>High Jump</b> Frosh/Soph Girls: 10:00 am Varsity Girls: 11:00 am Frosh/Soph Boys: 12:30 pm Varsity Boys: 2:00 pm	<b>Pole Vault</b> Frosh/Soph Boys: 10:00 am Varsity Boys: 12:30 pm Frosh/Soph Girls: 3:00 pm Varsity Girls: 5:30 pm
<b>Long Jump</b> Varsity Boys: 10:00 am Frosh/Soph Boys: 12:00 pm Varsity Girls: 2:00 pm Frosh/Soph Girls: 4:00 pm	<b>Discus</b> Varsity Girls: 10:00 am Frosh/Soph Girls: 12:00 pm Varsity Boys: 2:00 pm Frosh/Soph Boys: 4:00 pm
<b>Triple Jump</b> Varsity Girls: 10:00 am Frosh/Soph Girls: 12:00 pm Varsity Boys: 2:00 pm Frosh/Soph Boys: 4:00 pm	<b>Shot Put</b> Varsity Boys: 10:00 am Frosh/Soph Boys: 12:00 pm Varsity Girls: 2:00 pm Frosh/Soph Girls: 4:00 pm